

**Regrounding Ourselves**

Lay Led by the FUSF Worship Committee

Gathering Music <i>You're Not Alone</i>	by Allison Russell & Brandi Carlile
ANNOUNCEMENTS	Vicki Coates
PRELUDE <i>If I Could</i> (Suzanne Ciani)	Michele Kelly
WELCOME/CALL TO WORSHIP	Mary Dennis
HYMN #1012 <i>When I am Frightened</i> (Hymn of the Month)	All
CHALICE LIGHTING	Lee Minnichelli
UNISON AFFIRMATION (SUNG)	All
<i>We pledge to walk together in the ways of truth and affection as best we know them now or may learn them in days to come that we and our children may be fulfilled and that we may speak to the world in words and actions of peace and goodwill.</i>	
Words by Alice Blair Wesley; Music by Michele Kelly	
A TIME FOR ALL AGES	Sara Allegretti
SING THE CHILDREN TO RE	
<i>As you go may joy surround you As you go, go in peace Know our love is with you always As you go, as you go</i>	
CANDLES OF JOY AND SORROW	Laura Cerier
PRAYER/MEDITATION	Ann Parsley
SPECIAL MUSIC <i>Mysterious Habitats</i> (Dušan Bogdanović)	Birch Duggins-Warf
<u>POETRY, MEDITATIVE SOUNDS, MUSIC</u>	Worship Team
Poem #1 <i>The Peace of Wild Things</i> by Wendell Berry	Lee Minnichelli
Poem #2 <i>I Worried</i> by Mary Oliver	Allison Flanagan
Hymn #1011 <i>Return Again</i>	All
Poem #3 <i>Clearing</i> by Martha Postlethwaite	Karen Bogner
Poem #4 <i>Adirondack</i> by Marggi Shechanah	Marggi Shechanah
Hymn #352: <i>Find a Stillness</i>	All
Poem #5 <i>Mindful</i> by Mary Oliver	Louise Marcoux

Poem #6 <i>When the Heart</i> by Michael Leunig	Mary Dennis
HYMN #108: <i>My Life Flows On In Endless Song</i>	All
INTRODUCTION OF OFFERING	Drew Bogner
OFFERTORY MUSIC <i>A Clare Benediction</i> (John Rutter)	Michele Kelly
BENEDICTION	Lee Minnichelli
FAREWELL SONG	All
<i>Carry the flame of peace and love until we meet again (sung twice)</i>	
EXTINGUISH THE CHALICE	Louise Marcoux

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Visit us at [www.fusf.org](http://www.fusf.org) or on Facebook at First Universalist Society in Franklin  
11/24: Generosity and Interdependence; A Multigenerational Service with Rev. Bev and Sara Allegretti, Dir. Of Religious Education

### ANNOUNCEMENTS

Joys and Sorrows Please send joys or sorrows to be shared during next Sunday's service using [this form](#). If you have trouble with the form, please contact the lay ministers by email: [layministers@fusf.org](mailto:layministers@fusf.org)

Offering: Give online using Tithely: [www.fusf.org/give](http://www.fusf.org/give) or by US Mail: FUSF, PO Box 316, Franklin, MA 02038 or leave a contribution in one of the offering plates during the service. Thank you for your generosity!

Announcements: Please send your announcements to [announcements@fusf.org](mailto:announcements@fusf.org) by Friday no later than 5:00 pm to be included on Sunday morning.

### #1012 When I Am Frightened (Hymn of the Month)

When I am frightened, will you reassure me?  
 When I'm uncertain, will you hold my hand?  
 Will you be strong for me, sing to me quietly?  
 Will you share some of your stories with me?  
 If you will show me compassion,  
 then I may learn to care as you do,  
 then I may learn to care.

When I am angry, will you still embrace me?  
 When I am thoughtless, will you understand?  
 Will you believe in me, stand by me willingly?  
 Will you share some of your questions with me?  
 If you will show me acceptance,  
 then I may learn to give as you do,  
 then I may learn to give.

When I am troubled, will you listen to me?  
When I am lonely, will you be my friend?  
Will you be there for me, comfort me tenderly?  
Will you share some of your feelings with me?  
If you will show me commitment,  
then I may learn to love as you do,  
then I may learn to love.

### **Hymn #1011 *Return Again***

Return again, Return again,  
Return to the home of your soul.

Return to who you are,  
Return to what you are,  
Return to where you are  
born and reborn again.

### **Hymn #352: *Find a Stillness***

Find a stillness, hold a stillness, let the stillness carry me.  
Find the silence, hold the silence, let the silence carry me.  
In the spirit, by the spirit, with the spirit giving power,  
I will find true harmony.

### ***HYMN #108: My Life Flows On In Endless Song***

My life flows on in endless song above earth's lamentation.  
I hear the real though far-off hymn that hails a new creation.  
Through all the tumult and the strife I hear music ringing.  
It sounds an echo in my soul. How can I keep from singing!

What though the tempest 'round me roars, I know the truth, if liveth.  
What though the darkness 'round me close, songs in the night it giveth.  
No storm can shake my inmost calm while to that rock I'm clinging.  
Since love prevails in heav'n and earth, how can I keep from singing!

When tyrants tremble as they hear the bells of freedom ringing,  
when friends rejoice both far and near, how can I keep from singing!  
To prison cell and dungeon vile our thoughts to them are winging;  
when friends by shame are undefiled, how can I keep from singing!